Caregivers and patients with low health literacy do not understand different moving parts of the health care system. To solve this problem, they need to be aware of all resources they can utilize. These include information about going back to school, their condition, and finding support groups.

Rehabilitation can be an intense process that requires the caregivers and patients to keep up with multiple appointments for therapies and check-ups. Caregivers need a fast and trustworthy way to manage their schedules and get visit summaries of past appointments.

Patients and caregivers are assigned home therapeutic exercises to help with their recovery and need a reliable system to keep track of their progress. Exercise demonstration also plays a vital part in aiding comprehension and accuracy.

Communicating is one aspect that patients and caregivers are in need of post discharge. Providing a platform that will allow them to ask questions directly to their providers in a more efficient way would ease the communication process.

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